



# TRIANGLE SPINE CENTER

## LASER THERAPY

Therapeutic lasers deliver specific red and near-infrared wavelengths of laser light to induce a photochemical reaction and healing effect. The benefits of laser therapy include: improved healing time, pain reduction, increased circulation, and decreased swelling.

## MOST COMMON CONDITIONS

- Trigeminal Neuralgia & TMJ
- Sprains & Strains
- Wound Healing & Scar Tissue Management
- Arthritis & Carpal Tunnel Syndrome
- Plantar Fasciitis
- Headaches
- Fibromyalgia
- Tendonitis
- Neck & Shoulder Pain

## WHAT IS LASER THERAPY?

Laser Therapy is an FDA cleared therapeutic treatment that manages pain and inflammation while accelerating tissue regeneration. It is a non-invasive treatment that is an alternative to surgery for chronic pain. It is also a recommended alternative to taking painkillers, such as NSAIDs and acetaminophen, which have their own specific side-effects; and opioids which carry a high addiction risk. Laser Therapy provides a highly effective result, is cost-effective, and is a better approach to pain management. The treatment not only reduces inflammation, but it also increases blood flow, is free of side-effects, requires no recovery time, and provide long-lasting relief.

## TREATMENT PROTOCOL

Acute injuries may receive approximately 6 visits.